

March 2022

CCAR

713 Main Street Willimantic, CT 06226 (860) 423-7088

John Schwartz, Center Manager Kelly Mills, Volunteer Manager



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|------------------------------------|---|---|--|--|---|---|
| HOURS: Mon-Fri 8:30am-4:30pm | | WRCC open at Noon ARM 12:30 Spanish ARM 7:00 | DOC RC w/ Melissa 9:30am SMART 10:00 ECSU Job help 11:30-12:30 ARM 12:30 Yoga 4 Recovery 7:00 | 3Writer's group 10:00 ARM 12:30 Recovery Coach Support 3:00 Young People's ARM 7:00 | 4 ARM 12:30 TRS Training 1:30 | 5 March is Problem Gambling Awareness Month! |
| 6 AA: 7:00pm | 7 ARM 12:30 ECSU Job help 1:30-2:30 NA 7:00 | 8 ARM 12:30 Advocacy Training 2:00 Spanish ARM 7:00 | 9 DOC RC w/ Jennifer 10am SMART 10:00 ECSU Job help 11:30-12:30 ARM 12:30 Yoga 4 Recovery 7:00 | 10 Writer's group 10:00 ARM 12:30 Film: "Gather" 1:30 Recovery Coach Support 3:00 Young People's ARM 7:00 | ARM 12:30 Receptionist Training 2pm | Need Treatment? Call Access at 1-800-563-4086 |
| 13 AA: 7:00pm | Gambling support 11:00 ARM 12:30 ECSU Job help 1:30-2:30 | ECSU Job help 11:30-12:30 ARM 12:30 Spanish ARM 7:00 | 16 SMART 10:00 ECSU Job help 11:30-12:30 ARM 12:30 Yoga 4 Recovery 7:00 | 17 Writer's group 10:00 ARM 12:30 Recovery Coach Support 3:00 Young People's ARM 7:00 | 18 ARM 12:30 | 19 |
| 20 AA: 7:00pm | 21 ARM 12:30 ECSU Job help 1:30-2:30 NA 7:00 | ECSU Job help 11:30-12:30 ARM 12:30 Coaching support with Phil 2:00 Spanish ARM 7:00 | 23 SMART 10:00 ECSU Job help 11:30-12:30 ARM 12:30 Yoga 4 Recovery 7:00 | 24 Writer's group 10:00 ARM 12:30 Comm. Meeting 1:30 Recovery Coach Support 3:00 Young People's ARM 7:00 | 25 ARM 12:30 Peer Facilitation 1:30 | 26 Sign up to get TRS calls! Use the handy code below! |
| 27 AA: 7:00pm | 28 Gambling support 11:00 ARM 12:30 ECSU Job help 1:30-2:30 NA 7:00 | 29 ECSU Job help 11:30-12:30 Volunteer Orientation 10am ARM 12:30 Spanish ARM 7:00 | 30 SMART 10:00 ECSU Job help 11:30-12:30 ARM 12:30 Yoga 4 Recovery 7:00 | 31 Writer's group 10:00 ARM 12:30 CCAR Ambassador 1:30 Recovery Coach Support 3:00 Young People's ARM 7:00 | | |

RECURRING VIRTUAL MEETINGS:

All Recovery Meeting (ARM): Mon-Fri 12:30pm [Zoom ID: 738 520 747] Friends, Families, Allies Support: Mondays at 5pm [Zoom ID: 560 608 198]

Recovery Capital: Wednesdays at 10am [Zoom ID: 849 864 80030]

Recovery on a High Note: Wednesdays at 3pm [Zoom ID: 856 929 83103] **Parents in Recovery:** Wednesdays at 5:30pm [Zoom ID: 851 3570 7081]

Women's ARM: Fridays at 10am [Zoom ID: 495 736 963]